

TIBBET

2018

A photographic, philosophical and inspirational journey into the land of the Dalai Lama, where the cultural origin though slowly is getting lost, but luckily the charm of nature and the magic of spirituality not at all ...



☺ Welcome to the land of Buddha, where nature and spirituality merge to a mystic power. ☺

My heroic Tourguide Thiley looks eagerly down to the Nepalese-Tibetan border after having crossed the 4.580 m high Nara La pass – May 2017



☺ There are places where you sense the universal source of being. Find yours. ☺

View into the with Buddhist relics equipped prayer room of the Seralung monastery, which is located close to the shore of the Manasarovar lake – May 2017



☯ Take off. Glide above things and feel the lightness in your heart and spirit. 😊

The Manasarovar lake serves - unaffected by the actual weather - the rare species of birds, found there as a spot for nesting – May 2017



☪ Linger reverently and gratefully in silence, before you set off to new good deeds. ☺

Luckily not everything in the king city of Bhaktapur has been destroyed by the earthquake in 2015 and thus still shows its filigree dignity – June 2017



☯ Gain from the community the confidence and courage to shape the future together. ☺

A huge herd of yaks instills us with great respect, as it is grazing by the trekking tourist from Germany with their young animals – May 2017



☺ Let the colorfulness of life in your heart and give the world your most beautiful painting. ☺

The presages of the Hindu temple Pashupatinath (Kathmandu) show themselves in all imaginable forms and colors of souvenirs – June 2017



☺ Sow your treasures with patience, perseverance and love. Then enjoy your rich harvest. ☺

As often in the world it is the women, who provide their capacity of work in all areas of life, as here during the harvest in Dhulikhel – June 2017



☯ The being with yourself gives you inner power and rooted grounding to stay calm before big. 😊

Lonesome yak grazes mindfully in front of the holiest mountain for the Buddhist, Hindus, Moen and Jains, Mount Kailash (6.656 m) in Tibet – May 2017



☺ Look at the colorfulness and diversity of the world and let inspire you by that to create something new. ☺

The colorful prayer flags tightened around the holy Bodnath Stupa (Kathmandu) give the observer in particular one thing: inner peace – June 2017



☺ Embrace the stubborn and rock-solid ones with the ribbon of your love and friendliness. ☺

The Tibetans show their spirituality and superstition in diverse ways, as here beside the Chiu Gompa at the Manasarovar Lake (4.600 m) – May 2017



☯ Free yourself from your outer shells and spread the concentrated magic of your inner treasures. ☺

The whole day people are sitting outside and indulge almost meditating in their work (village nearby Yalbang) – May 2017



☺ Overcome the highest mountains by imagining what precious might be hiding behind them. ☺

Mount Naimona Nyi shows all its beauty in the evening light and has a final chat with the Lake of Manasarovar – May 2017



🕒 Preserve the curiosity and joy in your eyes and experience every moment as unique. 😊

Young monks are fascinated by the spectacle of thousands of pilgrims and candles whilst circumnavigating Bodnath Stupa on Buddha's Birthday – June 2017



☺ Take a glance at the limitation of your soul and decide where it's worth to break out. ☺

Bonus-Picture: A stunning view on the landscapes of West-Nepal during the 3 hours emergency flight in a helicopter from Hilsa back to Kathmandu – May 2017

THANK YOU

for your

TIME